

I. COURSE DESCRIPTION:

This course will introduce students to the mini and customized advanced facial procedures for both men and women. Students are introduced to the phases of a facial procedure and practical instruction will include: The Cleansing Technique, skin analysis and facial record, exfoliation techniques, extractions, facial, neck and decolette massage, masking procedures and the application of treatment creams. Practical instruction also includes the application of specialized esthetic equipment including the steamer, spray units, brushing machine and hot towels. Theoretical knowledge of the anatomy of the skin, skin types and skin conditions, as well as, classifications of skincare products are essential for client consultation, skin analysis, and product selection. Students are introduced to the NatureMed Professional product line, as well as, a wide variety of cleansers, tonic lotions, exfoliants, masks and treatment creams. Client consultation and record keeping is emphasized

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Perform, with proficiency, effective mini facial treatments and customized advanced facial treatments.

Potential Elements of the Performance:

- Prepare a treatment room and workstation for a facial treatment using aseptic procedures specifically with the preparation of the facial bed, esthetic equipment, hot towels, magnifying lamp, appropriate NatureMed skincare products, disposable supplies and client history and skin analysis forms.
- Prepare a client for a treatment and conduct an initial client consultation
- Conduct an in depth skin analysis and record the observations and the client's health history to determine service expectations, customized treatments, modifications or contraindications to treatments and products
- Perform an effective cleansing technique.
- Perform an effective skin analysis and make the notations on a skin analysis chart.
- Determine and apply an effective exfoliation treatment based on the information gathered from a skin analysis
- Perform a safe and effective extractions treatment applying the necessary disinfection protocol.

- Perform a facial, neck and decollete massage treatment
 - Determine and apply an effective mask treatment
 - Determine and apply the effective treatment creams to best treat the client skin care needs.
 - Determine contraindications and / or modifications to treatment based on information gathered from client consultation and skin analysis.
 - Integrate ergonomically correct methods of providing esthetic services to ensure a healthy physical state.
 - Integrate machines and electrical equipment such as facial steamer, brushing machines, spray units safely and appropriately while providing skin care treatments and determine any maintenance requirements for equipment
 - Apply knowledge of the structure and composition of the skin, identifying skin types, skin conditions and disorders and related conditions
 - Apply knowledge of the body systems, such as immune and circulatory systems and apply their basic functions to the provision of skin care treatments, taking into account contraindications, cautions and appropriate modifications
 - Integrate aseptic measures during treatments
 - Clean and either disinfect or sterilize tools, specialized equipment, and client draping materials after each use, keep workstations clean and safely dispose of single use items in accordance with Algoma Public Health regulations
 - Handle and dispose of disinfection chemicals safely by referring to M.S.D.S. data
2. Apply knowledge and a thorough understanding of the products in the NatureMed Professional Skincare line.
- Potential Elements of the Performance:
- Identify the classifications of professional skin care products and effectively apply a variety of NatureMed products during a facial procedure.
 - Identify specific ingredients to determine any benefits / contraindications for the client.
 - Apply and prepare a wide variety of products available in order to gain a superior skill for product selection when providing effective modifications to treatments.
 - Identify skin types and skin conditions on a skin analysis form.
 - Consult with and recommend essential home maintenance products in order to maintain the health of skin
 - Promote the features and benefits of esthetic products and services to clients to assist them in determining a course of action matched to their needs, lifestyle, and personal

- preferences.
 - Determine a home maintenance schedule and demonstrate to the client the correct usage of various skin care products
 - Select and recommend the use of esthetic products and product ingredients to the client taking into account health status and identified needs
 - Demonstrate effective record keeping.
3. Conduct a client health history consultation and effectively record information on a skin analysis and facial record.
- Potential Elements of the Performance:
- Conduct an initial first impression analysis, a thorough skin analysis during treatment and a post service analysis
 - Employ the safe and appropriate use of skin analysis equipment such as the magnifying lamp and Wood's lamp
 - Analyze information recorded on client health history form
 - Determine contraindications and necessary modifications to treatments utilizing information related to product ingredients and client health history.
 - Assess the impact of general health, age, gender, nutrition, stress and external environmental factors on the skin and determine an appropriate skin care treatment.
 - Contribute to the maintenance of client documents and records by accurately recording information and filing confidential client information
 - Elicit appropriate information in order to recommend a range of customized esthetic services.
 - Effectively complete a facial record by noting all required and necessary information
4. Effectively perform an advanced facial, neck and décolleté relaxation massage
- Potential Elements of the Performance:
- Demonstrate with proficiency the 5 classic massage movements
 - Demonstrate, with proficiency, fluidity, appropriate speed, pressure, and technique.
 - Discuss the benefits of the 5 classic massage movements
 - Locate specific muscles and nerves of the face, neck and decolette.
 - Locate pressure points which induce relaxation when manipulated
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5. Adhere to the health, safety, sanitation and infection control guidelines according to industry standards in compliance with Algoma

Public Health regulations

Potential Elements of the Performance:

- Understand basic information about bacteria, viruses, blood borne pathogens and parasites
 - Differentiate between critical, semi critical and non critical items
 - Recognize contraindications to esthetic treatments due to health and safety concerns and when to refer to a physician.
 - Identify various disinfectants and use safely and effectively based on M.S.D.S data
 - Use safe and effective cleaning and either disinfection or sterilization methods during and after skin treatments for instruments, specialized equipment, client draping material, work surfaces and work stations as required by Algoma Public Health
 - Maintain and store all instruments, materials and supplies according to manufacturer's guidelines and as required by Algoma Public Health.
 - Dispose of all single use items as required by Algoma Public Health
 - Use gloves, mask, eye protection and other suitable personal protective equipment appropriately during the treatment to ensure the health and safety of yourself and others.
 - Handle hazardous material and dispose of all waste and chemical materials in compliance with manufacturer's guidelines specific to M.S.D.S. data.
6. Reflect the professional image and conduct necessary for success which also adheres to the standards and ethics associated with the esthetic industry..

Potential Elements of the Performance:

- Comply with the Policies and Procedures developed by the Esthetician Diploma Program and adhere to the professional expectations for dress, hygiene and grooming.
- Adhere to Sault College policies outlined in the Student Code of Conduct regarding behavior inside and outside of the classroom.
- Adhere to the code of ethics associated with the esthetic practice.
- Demonstrate accountability for your academic and professional growth by soliciting constructive feedback relating to one's own performance, strengths and limitations.
- Determine current trends and issues impacting the esthetic industry.
- Review the role of professional associations affiliated with the

esthetic industry.

- Demonstrate positive and effective interpersonal, verbal, and non-verbal communication skills when dealing with peers, faculty and clients.
- Demonstrate punctual attendance to all classes and be prepared with all necessary materials for each class.
- Maintain an 80% attendance record throughout the semester.
- Clean and either disinfect or sterilize all instruments, client draping materials and makeup supplies after each use. Keep workstations neat and clean during and after each makeup application.

III. TOPICS:

The Mini Facial Procedure

The Customized Advanced Facial Procedure

Client Consultation

Skin Analysis and Facial Records

Preparing a Treatment Room, Client Prep

Specialized Esthetic Equipment

NatureMed Product Knowledge / Classifications of Skincare Products

Sanitation, Disinfection, Sterilization / Infection Control

The Cleansing Technique

The Face, Neck and Decollete Relaxation Massage Technique

Muscles and Nerves of the Face Neck and Decolette

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Study Guide: Salon Fundamentals Esthetics, 2nd edition, by St. Germain, Clif, Fisher, Janet (2004) Pivot Point Inc.

Text Book: Salon Fundamentals Esthetics, 2nd edition. Pivot Point Inc.

Linens, Towels, Cotton Pads, Mask Brushes, Headband

Come prepared with all supplies and linens for each Lab class.

V. EVALUATION PROCESS/GRADING SYSTEM:

<give breakdown of tests/assignments and their weights relative to calculating the final grade for the course>

Practical Evaluations

Cleansing Technique:	10 marks
Mini Facial:	20 marks
Customized Advanced Facial:	25 marks
Face, Neck, Decolette Massage Technique:	25 marks

Theory Evaluation

Classifications of Professional Skincare Products, And NatureMed Product Knowledge	20 marks
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The following semester grades will be assigned to students:

Grade	<u>Definition</u>	<i>Grade Point Equivalent</i>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	

U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

If a faculty member determines that a student is at risk of not being academically successful, the faculty member may confidentially provide that student's name to Student Services in an effort to help with the student's success. Students wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session. *<Optional: It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers will not be granted admission to the room.>*

Attendance Policy for Practical Courses:

- 1. In order to successfully achieve credits for EST 141, a student must maintain an 80% attendance record throughout the semester.** Anything less than an 80% attendance record will result in an F grade regardless of marks achieved through tests and assignments as the student has not met the Professional Image standards defined in the course outline.
- 2. Poor attendance also dismisses any student from the privilege of rotations in the Spa at Sault College as this presents a health and safety risk to other classmates as well as clients of the Spa.**



COURSE OUTLINE ADDENDUM

1. Course Outline Amendments:
The faculty member reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.
2. Retention of Course Outlines:
It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.
3. Prior Learning Assessment:
Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Key Dates Calendar for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio. Student Services can provide information regarding the Prior Learning Assessment and Recognition policy or it can be viewed on the student portal.

Substitute course information is available in the Registrar's office.
4. Student Portal:
The Sault College portal allows you to view all your student information in one place. **mysaultcollege** gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information timetable, grades, records of achievement, unofficial transcript, and outstanding obligations. In addition announcements, news, academic calendar of events, class cancellations, your learning management system (LMS), and much more is available. Go to <https://my.saultcollege.ca>.
5. Communication:
The College considers **Desire2Learn (D2L)** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of this Learning Management System (LMS) communication tool.

6. Accessibility Services:

If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with the Accessibility Services office. Call Ext. 2703 or email studentsupport@saultcollege.ca so that support services can be arranged for you.

7. Audio and Video Recording Devices in the Classroom:

Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. Students with disabilities who require audio or visual recording devices in the classroom as an accommodation will receive approval from their counsellor once the Audio and Video Recording Devices in the Classroom Policy has been reviewed by the student. Recorded classroom instruction will be used only for individual academic use and will not be used for any other purpose. Recordings may only be used for individual study of materials presented during class and may not be published or distributed. Intentional misuse of audio and video recordings or intentional misrepresentation when requesting the use of a device for recording shall constitute a violation of this policy and laws protecting intellectual property.

8. Academic Dishonesty:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in academic dishonesty will be issued a sanction under the Student Code of Conduct which could lead to and include expulsion from the course/program. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, students must use a documentation format for referencing source material.

9. Tuition Default:

Students who have defaulted on the payment of tuition) as of the first week of November (fall semester courses), first week of March (winter semester courses) or first week of June (summer semester courses) will be removed from placement and clinical activities due to liability issues. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

